**North East School Division Planning Organizer**



**Phys Ed Grades 6 – 9**

|  |  |  |
| --- | --- | --- |
| **Stage 1 – Begin With the End in Mind** | | |
| **Big Ideas** (What do we want students to remember 40 years from now?) | | |
| How is culture linked to physical activity?   |  |  |  |  | | --- | --- | --- | --- | | **Goals** | | | | | **Active Living**  Enjoy and engage in healthy levels of participation in movement activities to support lifelong active living in the context of self, family, and community | **Skilful Movement**  Enhance quality of movement by understanding, developing, and transferring movements concepts, skills, tactics, and strategies to a wide variety of movement activities | **Relationships**  Balance self through safe and respectful personal, social, cultural. And environmental interactions in a wide variety of movement activities. | | | |
| **Outcomes** (Bold the verbs or skills, underline the nouns or noun phrases) | | |
| **Contemporary culture**  **9.13 Identify and analyze personal perspectives on how to manage the contemporary opportunities and challenges that influence one’s ability to develop as a skilful mover to live a balanced active lifestyle, and to develop and maintain safe and respectful relationships.**  **Identify 🡪 personal perspectives**  **Analyze 🡪 personal perspectives** | | |
| **Understandings** | **Essential Questions** | |
| * Being active can create opportunities to build positive relationships. * Society influences sport and cultural activities * Perspectives vary depending on experiences * There are challenges outside ourselves that may hinder our active living and relationship choices. * Active living and quality of relationships impact the quality of our lives. | * How can relationships affect your quality of life? * Why does change occur in contemporary sport and cultural lifestyles? * How are activity and relationships connected to each other and to quality of life? * How does society influence our opportunities for activity? * Why do we have different perspectives? * What challenges and opportunities exist in our lives that impact our choices around active living and quality relationships? | |
| **Students need to know:** | **And be able to do:** | |
| * What contemporary opportunities and challenges are * Personal perspectives on how to manage the contemporary opportunities and challenges * How to live a balanced active lifestyle * What safe and respectful relationships look like * Connections between the types and levels of participation of self and others * How Canada compares to other countries * How Canada’s success/failure at competitions impacts movement activity options at provincial and local levels * Perspectives of others * Definition of a skilful mover | | * Identify contemporary opportunities and challenges * Analyze cultural differences in relation to sport * Develop skills to create respectful relationships * Explore and discuss contemporary opportunities and challenges that can influence personal standards and decisions related to participation * Propose and discuss connections between the types and levels of participation of self and others * Express insights on how Canada’s results at competitions impact movement activity options at provincial and local levels |