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|  | **Fully meeting expectations, with enriched understanding (EU)** | **Fully meeting grade level expectations (FM)** | **Mostly meeting grade level expectations (MM)** | **Not yet meeting grade level expectations (NY)** |
| **Establish criteria** | Has an in depth understanding of the criteria and how they link to the work they are doing | Is able to state the criteria for the work they are doing independently | Needs a little help remembering some of the criteria | Is unable to state the criteria for this project on own |
| **Identify successes** | Has a specific understanding of own strengths and how they relate to the goals of the work they are doing | Is able to describe the things that went well | Needs a little help identifying some strengths | Is unable to recognize strengths on own |
| **Set goals** | Goals are appropriate and specific and display an ability to reflect deeply on own strengths and challenges | Is able to set goals that link to strengths and challenges independently | Needs a little help setting goals that relate to the work they are doing; has trouble linking future work to current work | Is unable to set goals that are appropriate and specific; needs to spent much more time practicing reflection |
| **Take steps toward goals** | Has a clear and deep understanding of how to progress toward goals and enthusiastically does so | Is able identify steps needed to address goals and then take those steps | Needs help imagining how to address goals and showing movement toward goals | Is unable to independently move toward goals |
| **Respond to feedback** | Seeks feedback willingly and applies new information to the work they are doing; shows strong reflective practices and good listening skills | Approaches feedback with an open mind and a reflective manner; makes decisions about how to respond to feedback and apply it to the work they are doing | Is showing some skill in responding to feedback through reflection and good listening; needs a little help deciding how to apply feedback to work | Much help is needed in active listening and deciding how to apply feedback to work they are doing |

Assess and Reflect Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Feedback: