**North East School Division**



**Unpacking Outcomes**

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| **Outcome (stated in its entirety) to be unpacked** | | |
| **3.8 Positive Interactions - Demonstrate positive interactions with others in cooperative and competitive movement activities.** | | |
| **Outcome Unpacked** (circle the verb and underline the Nouns/Qualifiers) | | |
| **Demonstrate Positive Interactions in cooperative movement activities.**  **Demonstrate Positive Interactions in competitive movement activities.** | | |
| **KNOW** | **UNDERSTAND** | **BE ABLE TO DO** |
| Vocabulary and concepts: movement activity, respect, willingness, social behaviours, interaction, fairness, cheating, honesty, compliance, non-compliance, rules, guidelines, cooperation, competition, attitude  How to   * Respond positively, act graciously (what it looks and sounds like) * Accept responsibility for self (what this looks and sounds like) * Recognize when rules are being followed and when they are not. * Express insights (ways) * Celebrate success (alternatives) * Cooperate and compete | * Attitude has an impact on: * Personal Performance * Peer Performance * People’s perceptions. * Rules are helpful in promoting positive interactions and fair play. * Positive interactions during cooperative activities can be difficult, because it requires cooperation. * Positive interactions during competitive movement activities are important but can be difficult, because emotions and egos can be hurt due to winning and losing. * We play games for many reasons: love of competition, practice skills, have fun, feel challenged, feel successful, think, etc. * Whether or not score and winning matters depends on who we are, what the point of the game is, whether or not we need winners and losers, etc. * Competing does not have to be about score. It is more about the feeling we get when we play and what our goals are. * Being gracious and positive are learned skills and can be developed through practice. Being this way is essential for enjoyment by everyone and is part of personal development. * Personal attitudes affect skill development and enjoyment of self and others. | a. Respond positively to challenges, successes, and losses while participating in movement activities.  b. Participate willingly and respectfully in all physical education activities.  c. Demonstrate the ability to be responsible for own social behaviours while participating in interactive movement activities.  d. Express insights as to how positive and negative social behaviours (e.g., sharing, showing respect, fairness, honesty, cheating, lying) may affect the outcome of an activity and future social interaction, both during movement activities and at other times.  e. Describe what it looks like and sounds like when people are cooperating during participation in competitive movement activities.  f. Distinguish between compliance and non-compliance with rules and guidelines of games.  g. Express insights to answer questions such as “Why do we play games?”, “Why do games have rules?”, “When should the score matter?”, “Is there any point in competing if we do not keep score?”, and “When is it important to win a game?”.  h. Demonstrate the ability to win graciously and to accept defeat positively.  i. Provide input into establishing rules and guidelines for behaviour for participation in cooperative and competitive movement activities.  j. Celebrate personal successes and achievements as well as those of others.  k. Work and play cooperatively with peers, both as teammates and opponents.  l. Explain how personal attitudes (e.g., willingness to try, level of involvement, desire to learn) affect skill development and enjoyment of self and others. |
| **ESSENTIAL QUESTIONS** | | |
| 1. **How does attitude affect Physical Activity?** 2. **Why is it important to have rules?** 3. **Why can cooperative activities be difficult?** 4. **Why can competitive activities be difficult?**   **5.) Why do we play games?**  **6) When should score matter? When does winning matter?**  **7) How can we compete and not keep track of score at the same time?**  **8) How can I be gracious and positive?**  **9) How does our attitude impact our skill and our enjoyment?** | | |